

VOLUNTEER NOW

think · act · do

Latest Volunteer Opportunities for Antrim Summer 2017

Marie Curie: Helper Service - Antrim

Whether it's chatting over a cup of coffee or running an errand, as a Marie Curie Helper volunteer, the companionship and support you offer can make a huge difference to people living with a terminal illness in the Antrim area. *(apply before 22 Sept)*

bit.ly/2un8jcp



Care and support
through terminal illness

FareShare: Food Sorter

FareShare distribute donated food to charities throughout Northern Ireland which are providing meals to vulnerable and disadvantaged people in the community. They've just opened new premises at Mallusk and are looking for new volunteers. In return, you'll get valuable work experience and accredited training in areas such as Food Hygiene and Health & Safety. bit.ly/2vsK00h



Concern Worldwide: Volunteer Adjudicators

Are you a good listener who can see arguments from both points of view? Volunteers needed for Concern Debates 2017-18 which gives GCSE and A Level pupils the skills to formulate an argument, deliver a speech, stand up for their point of view and challenge their opponents' opinions. bit.ly/2vaqQNJ
(Apply before end of September)



Reserve Forces & Cadets Assoc NI: Army Cadet Attachment Antrim

The Army Cadet Force is a voluntary youth organisation for young people aged 12-18 years and Antrim Detachment is looking for enthusiastic volunteers to join their team and help inspire and instruct the cadets. No specific experience is required

bit.ly/2sisFpt



Action Cancer: Motorcycle Ride Out

Antrim Action Cancer Group are keen to recruit volunteer marshals to help marshal their annual Ride Out taking place on **Sunday 3rd September**. The role involves directing motorcycles on a pre-determined route providing guidance from a safe position. bit.ly/2uSWMWq



Parkinson's UK: Community Mapping

Help research existing services in your local area that are relevant to people with Parkinson's and their carers (support groups, etc)

bit.ly/2uxjyT0

Northern Ireland

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

Alzheimer's Society: Awareness Volunteer

Help raise awareness of dementia and highlight the support available to people with dementia and their carers! This may include leaflet or poster drops in GP surgeries and libraries, assisting at information stands or talking to groups of people about what dementia is and what the Society does. bit.ly/2qm1ar0

Leading the fight
against dementia
**Alzheimer's
Society**

Barnardo's NI: Mentor / Befriender

Choices" is a family support service. We support families in the Northern Trust area by working with young people aged 10-17 who are referred due to concerns at home, in school or in the community and by working with their parents.

Volunteers needed to befriend and/or mentor vulnerable young people.

bit.ly/2vwa1fT

Believe in
children
Barnardo's
Northern Ireland

Caudwell Children: Family Support Volunteer

Volunteers needed to visit families who care for a disabled child and need family support, provide them with information they need to make an informed decision, and give emotional and practical support. bit.ly/2exo5yd


caudwell
children
Changing Children's Lives

Guide Dogs: Volunteer Driver

Enjoy getting out and about and meeting people from all walks of life? Do you drive and have a car of your own? If you do, you could be an excellent candidate for hitting the road with Guide Dogs.

Guide dog owners may need assistance from a four-wheeled friend with getting to a venue, or equipment may need transporting to an event. bit.ly/2jx07E8



For further information on these and many other opportunities throughout Northern Ireland, please visit our website

www.volunteernow.co.uk

Use the 'Volunteer Search' on our homepage to select the type of activity you would be interested in, enter your postcode and click 'search'. To apply for any, click 'register now' in the opportunity description and the organisation will come back to you with more details.

If you need a hand to search for opportunities, call us on 028 9023 2020 or email

opportunities@volunteernow.co.uk

We also post opportunities on a daily basis to our **Facebook page**, Follow us and you'll not miss out on some of the great volunteering opportunities in NI.

If you have registered for a volunteering opportunity and are just waiting to get started or perhaps you'd like to volunteer but don't want to over commit yourself, have a look at our **Turn Up & Try** Volunteering Opportunities!

bit.ly/S3cSDB

Check out the **Events** section of our website for opportunities to volunteer at events coming to Northern Ireland over the next few months, many of which rely on the support of volunteers!

bit.ly/1pZjyFG

www.volunteernow.co.uk

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(Information on this sheet is correct at time of printing)



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