

Latest Volunteer Opportunities

Belfast: January 2018

Thinking of making Volunteering one of your New Year's Resolutions?

It's easy to get involved and there's lots to choose from - including volunteering with children, older people, fundraising, charity shops, befriending, mental health, conservation and much more!!

Use the 'volunteer search' on our homepage www.volunteernow.co.uk, select the type of activity you're interested in and enter your postcode. To apply for any opportunities, click 'register now' in the opportunity description and the organisation will come back to you with more details.

If you need a hand to look for opportunities, give us a shout on opportunities@volunteernow.co.uk or phone 028 9023 2020



Or visit us on **Facebook** where opportunities are added on a daily basis - feel free to give us a like and a share ☺



International North West 200: Volunteer applications now open

Volunteer at this world famous, and Ireland's largest, sporting event which could not take place without the help and support of volunteers. Roles available: Marshals, admin support, course set up, media, hospitality, branding. bit.ly/2CzWBjK



Extern: Reach Out Programme volunteers

Support the Reach Out team in awareness raising and health improvement events, which aim to promote positive physical health, mental health, and social and community inclusion. bit.ly/2zYVt81



Special Olympics Ulster: Belfast Cranes

Belfast Cranes basketball club are recruiting volunteers for Wednesday 6-7pm in Cregagh Community Centre. No previous sports coaching experience necessary, full training provided. bit.ly/2BnkZ70



St Vincent de Paul: Charity Shop Volunteers

Vincent's has just opened in the Dairy Farm Centre on the Stewartstown Road. If you have a passion for retail or would like to learn some new skills or even meet new friends, this is the perfect opportunity for you. bit.ly/2nQT7pM



International Voluntary Service: Mentors

IVS is looking for local volunteer mentors who will provide one-to-one support to IVS' volunteers, help them integrating in their new life in Northern Ireland.

bit.ly/2A0PiHi



Redeeming Our Communities:

Youth Work Volunteers

ROC Cafe Derriaghy require male and female volunteers to help at their weekly youth drop-in which welcomes over 20 young people aged 10 to 15 on Friday evenings (7.30pm to 9pm). bit.ly/2BAU4pi



Belfast Hills Partnership: Tree & Hedge Planting Volunteers

This is a seasonal role during the very busy planting seasons of Autumn and Winter. It will be largely hedgerow and tree planting and falls in as part of their industrial site renovation scheme and wildlife corridors project. bit.ly/2hLGcBA



Volunteer Now:

Volunteer Drivers needed across Belfast and Castlereagh to take clients to & from their homes to a variety of appointments including hospitals, day centres, dentists and colleges. bit.ly/2tcstJJ

Befrienders are matched with someone who is socially isolated usually due to poor physical health because of old age and/or lack of family support. Visit once a week for an hour to build a friendship and help to combat loneliness.

bit.ly/1VGN8dk

Ways of Wellness volunteers: Our new *Ways of Wellness* project aims to combat social isolation among older patients presenting to GP's. Initially based at Holywood Arches medical centre, local volunteers will offer encouragement, practical help and emotional support to include signposting a range of services in the local community and 1-1 support. Full training provided. bit.ly/2uZemsy



For further information on these and many other opportunities throughout Northern Ireland, please visit our website www.volunteernow.co.uk

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We also post opportunities on a daily basis to our **Facebook page**, Follow us and you'll not miss out on some of the great volunteering opportunities in NI.

If you have registered for a volunteering opportunity and are just waiting to get started or perhaps you'd like to volunteer but don't want to over commit yourself, have a look at our **Turn Up & Try Volunteering Opportunities!** bit.ly/S3cSDB

Check out the **Events** section of our website for opportunities to volunteer at events coming to Northern Ireland over the next few months, many of which rely on the support of volunteers! bit.ly/1pZjyFG

www.volunteernow.co.uk

Volunteer Now (Belfast office)
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Tel: **028 9023 2020**

Email: opportunities@volunteernow.co.uk

Office hours: Mon-Fri: 9.00am - 4.30pm

(Information on this sheet is correct at time of printing)



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