

# VOLUNTEER NOW

*think · act · do*

## Latest Volunteer Opportunities for Newtownabbey Summer 2017

### **British Red Cross: Support at Home (Newtownabbey)**

The Support at Home service is to place the person at the centre of what we do and help them get through a crisis by offering positive encouragement, practical help and emotional support, for a few days or for longer, depending on their needs.

[bit.ly/2ne1G9d](http://bit.ly/2ne1G9d)



### **Barnardo's NI: Mentor / Befriender**

"Choices" family support service aims to help young people think through the life 'choices' they make. You will befriend and/or mentor vulnerable young people and make a difference to a young person's life experience. [bit.ly/2fYJSR4](http://bit.ly/2fYJSR4)



### **Concern Worldwide: Volunteer Adjudicators**

Are you a good listener who can see arguments from both points of view? Volunteers needed for Concern Debates 2017-18 which gives GCSE and A Level pupils the skills to formulate an argument, deliver a speech, stand up for their point of view and challenge their opponents' opinions. [bit.ly/2vaqQNJ](http://bit.ly/2vaqQNJ)

*(Apply before end of September)*



### **Reserve Forces & Cadets Assoc NI: Army Cadet Attachment Whitehouse**

The Army Cadet Force is a voluntary youth organisation for young people aged 12-18 years and Whitehouse Detachment is looking for enthusiastic volunteers to join their team and help inspire and instruct the cadets.

No specific experience is required [bit.ly/2xjF6AV](http://bit.ly/2xjF6AV)



### **Marie Curie: Helper Volunteers (Northern Trust area)**

Friendly and reliable volunteers needed to visit people with terminal illnesses, their families and carers on a regular basis for up to three hours per week, to offer practical and emotional support. Full training provided. This role is wide-ranging and the support you offer will vary according to the needs of those using the service, though it is important to note that Helper volunteers do not provide nursing or personal care, offer counselling or advice, nor carry out domestic tasks such as cooking and cleaning. [bit.ly/2fXCaxg](http://bit.ly/2fXCaxg)



## Parkinson's UK: Community Mapping

Help research existing services in your local area that are relevant to people with Parkinson's and their carers (support groups, etc)

[bit.ly/2uxjyT0](http://bit.ly/2uxjyT0)

Northern Ireland

**PARKINSON'S<sup>UK</sup>**  
CHANGE ATTITUDES.  
FIND A CURE.  
JOIN US.

## Brain Injury Matters: Links Programme

Volunteers needed for their Links Programme, which offers a friendship and peer relationship programme to young people living with brain injury aged 14-18 years. [bit.ly/2tFUAOW](http://bit.ly/2tFUAOW)



## Action on Hearing Loss: Befrienders

Volunteers required to enhance the quality of life for older deaf and hard of hearing people in the North / East Antrim area and residential homes by reducing social isolation. [bit.ly/2ijL8iw](http://bit.ly/2ijL8iw)



## The Woodland Trust: Wildlife Recorder

Help map the effects that climate change is having on the environment. Volunteer needed to visit Carnmoney Hill regularly and record a whole host of seasonal events.

[bit.ly/2fYofAd](http://bit.ly/2fYofAd)



## ROC Care Rathcoole: Befrienders

Help reduce the number of socially isolated older people in the Rathcoole area. ROC Care Rathcoole volunteers offer a weekly/fortnightly visit or a phone call to an older person identified as being socially isolated and lonely.

[bit.ly/2vgSUux](http://bit.ly/2vgSUux)



## Tiny Life: Family Support Volunteers

Can you help TinyLife to help tiny lives? They're currently recruiting Family Support Volunteers throughout NI to provide practical, social and emotional support to families of premature and sick babies. Ongoing support, supervision and training provided - you must be age 22+.

[bit.ly/2vLaM5n](http://bit.ly/2vLaM5n)



For further information on these and many other opportunities throughout Northern Ireland, please visit our website

[www.volunteernow.co.uk](http://www.volunteernow.co.uk)

Use the 'Volunteer Search' on our homepage to select the type of activity you would be interested in, enter your postcode and click 'search'. To apply for any, click 'register now' in the opportunity description and the organisation will come back to you with more details.

If you need a hand to search for opportunities, call us on 028 9023 2020 or email

[opportunities@volunteernow.co.uk](mailto:opportunities@volunteernow.co.uk)

We also post opportunities on a daily basis to our [Facebook page](#), Follow us and you'll not miss out on some of the great volunteering opportunities in NI.

If you have registered for a volunteering opportunity and are just waiting to get started or perhaps you'd like to volunteer but don't want to over commit yourself, have a look at our [Turn Up & Try Volunteering Opportunities!](#) [bit.ly/S3cSDB](http://bit.ly/S3cSDB)

Check out the [Events](#) section of our website for opportunities to volunteer at events coming to Northern Ireland over the next few months, many of which rely on the support of volunteers! [bit.ly/1pZjyFG](http://bit.ly/1pZjyFG)

[www.volunteernow.co.uk](http://www.volunteernow.co.uk)

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(Information on this sheet is correct at time of printing)



**Northern Ireland Executive**  
[www.northernireland.gov.uk](http://www.northernireland.gov.uk)



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