

Here are a few volunteering opportunities currently available in the North Down & Ards area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk. If you need any assistance finding or registering for an opportunity, let us know and we can help!



Collection Fundraiser Day - Camphill Community (Holywood & Bangor)

We are holding a Fundraiser Day on 27th July in Holywood and Bangor and need your help. Can you spare between 2-6 hours to help fundraise with collection boxes alongside our Team?

For more info: **Holywood:** <https://tinyurl.com/54uhcfbm>
Bangor: <https://tinyurl.com/24xh2z5r>



Shop Volunteer – NeuroDiversity UK (Newtownards)

At NeuroDiversity UK we are proud to deliver services to those who need them. Our shop on Castle Street helps fund our work and we couldn't deliver without our dedicated team of volunteers. We are totally flexible on times when you are available. For more info: <https://tinyurl.com/43umzwh>



Volunteer Speaker – Mary's Meals (NI Wide)

Would you like the opportunity to support Mary's Meals' work to feed hungry children at school in some of the world's poorest countries and help give them a brighter future? We're looking for speakers to join our global movement, to help raise awareness about Mary's Meals with groups, associations, schools, churches or businesses. For more info: <https://tinyurl.com/fjn63d3n>



Fundraising Co-ordinator & Social Media/Communications Volunteers - Bangor Foodbank & Community Support

Bangor Foodbank and Community Support exists to help people who find themselves in need of help and support through poverty and lack of funds. BFCS distribute food parcels and other necessities to families and individuals from all backgrounds. For more info:

Fundraising Co-ordinator: <https://tinyurl.com/2af2c44e>
Social Media & Communications Volunteer: <https://tinyurl.com/343mxf8>



My House My Home Volunteer Handyperson – North Down YMCA (Bangor)

This is a unique opportunity to support those lacking in DIY know-how or the means to engage professional services. This handyperson style role will reach those who need it most by performing duties such as light painting/decorating, cleaning and basic gardening services. All tools & materials are supplied by us. For more info: <https://tinyurl.com/6fmxnrkt>



Out & About Companion – Abbeyfield & Wesley (Holywood)

Abbeyfield & Wesley is a national charity dedicated to providing housing and support for older people. We believe in the importance of making time for older people, and our volunteers play a vital role in doing just that. We have various volunteer opportunities available. For more info:

Out & About Companion: <https://tinyurl.com/48h6xytc>
Gardening Volunteer: <https://tinyurl.com/me5w2eze>
Board & Card Games Volunteer: <https://tinyurl.com/bdfv4hnf>

For more information about volunteering in the North Down & Ards area contact our Volunteering Support Officers:

- **David Moore:** david.moore@volunteernow.co.uk / 07850 851823
- Or contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



For a full selection of volunteering opportunities, use the Opportunity Search on volunteernow.co.uk Need a hand? Use the Contact forms on our website or email info@volunteernow.co.uk



Food Ambassador – Food Foundation (NI Wide)



The Food Foundation works with a diverse group of food activists from across the UK, campaigning both in their own communities and on a national level for the right of all people to be able to access healthy and affordable food. The Food Ambassador volunteer programme is open to all people with lived experience of food insecurity aged 14 years and up.

For more info: <https://tinyurl.com/4yv4b5a4>

Volunteer Drivers – Cancer Focus (Newtownards area)



Cancer Focus NI wants to hear from people in the Newtownards area who are interested in becoming volunteer drivers with their patient transport service. Volunteer drivers ease the worry, stress, and expense of travel for cancer patients by providing vital transportation to and from their hospital appointments. For more info: <https://tinyurl.com/3jmcxx9z>

Bowel Cancer Awareness Talk Volunteers – Bowel Cancer UK (NI Wide)



This role is part of our wider awareness programme and is crucial to meet our strategy aims of increasing awareness and understanding of bowel cancer across the UK. This flexible opportunity enables you, as a volunteer, to represent Bowel Cancer UK both nationally and at a local level, by delivering PowerPoint presentations. We have a number of different roles within our awareness program, supporting our roadshow, awareness talks and information stands.

For more info: <https://tinyurl.com/4xk53tpy>

Parent to Parent Emotional Support Helpline Volunteers – National Autistic Society (Anywhere)



We are looking for volunteers for our Parent to Parent Emotional Support Helpline The helpline is a UK-wide confidential telephone service which provides emotional support to parents and carers of autistic children (which includes grown up children). For more info:

Helpline Volunteer: <https://tinyurl.com/4zww4zxj>

(Requirement of the above role is that you are the parent or primary carer of an autistic child including adult children)

Data Entry Volunteer: <https://tinyurl.com/mw59x9ss>

Rugby Club Support & Coaching Roles – Donaghadee RFC



Donaghadee RFC have a number of valuable roles for which we are expanding our volunteering team. For more info:

Support Roles:

Match Reporter/Social Media/Match – Day Physio:

<https://tinyurl.com/2a3d9r9w>

Volunteer Coaching Roles:

Mini Rugby (5-11s), Youth Rugby (11-18) and Strength & Conditioning Coaches:

<https://tinyurl.com/24ws2pws>

Volunteer Now, Skainos Centre, 239 Newtownards Road, Belfast BT4 1AF

Tel: 028 9023 2020

Email: info@volunteernow.co.uk

Office hours: Mon-Fri 9.00am - 4.30pm



Supported by the Northern Ireland Executive through the Department for Communities