

# OPPORTUNITY SPOTLIGHTS

## Mourne & Down

Autumn2024

Here are a few volunteering opportunities currently available in the Mourne & Down area. For a full selection of opportunities, have a look at the Opportunity Search on **volunteernow.co.uk** If you need any assistance finding or registering for an opportunity, let us know and we can help!

#### Volunteer Drivers – Cancer Focus (Newcastle)



Our volunteer drivers provide essential transport for cancer patients to and from their appointments, helping to take away that stress and worry. Appointments will usually take place Monday - Friday during normal office hours but we are sometimes asked to provide transport outside of these hours. It is essential that volunteers are 21 or over and have a full driving license and access to a comfortable and roadworthy vehicle. For more info: https://tinyurl.com/bdfp6y23

#### Hospitality Volunteers - Cancer Fund for Children (Newcastle)



We are recruiting Hospitality Volunteers to help out at our Therapeutic Centre in Newcastle, County Down. From 1st April 2023 to 31st March 2024 Daisy Lodge held 517 short breaks for children and their families who are effected by Cancer. Our facility includes 6 double en-suite family rooms, a playroom, games rooms, teenagers space, home cinema, Well Being centre, Gym, 4 Therapy suits, restaurant, dining room and two large social spaces. The facility required complete cleaning and organising at every short break to ensure that it is of the highest standard, cleaned and fogged to ensure safe stay for visitors. We have visitors that are going through cancer treatment, finishing treatment, palliative care or can be visiting on a Bereavement respite break. So the upkeep of this facility is essential and takes a team to keep it safe for our families visiting. Be mindful that there is no public transport to our location. For more info: <u>https://tinyurl.com/3n94bfj9</u>



#### Social Media Volunteer – Rowallane Community Hub (Saintfield)

As a Social Media Volunteer, you will play a vital role in promoting our organization's mission and initiatives through various social media platforms. You will be responsible for creating engaging content, interacting with our online community, and helping to increase our visibility and impact. https://tinyurl.com/mw3eudue



#### NI Ambulance Service Volunteer Car Driver– NI Ambulance Service (NI Wide)

As a Northern Ireland Ambulance Service Volunteer Car Driver you will transport in your own car those non-emergency patients that do not require an ambulance to and from their health care teams for their medical treatment and care. This is a personally rewarding and fulfilling opportunity to help patients in your community. Flexible to fit in with other aspects of your life. For more info: <u>https://tinyurl.com/52n24n6h</u>

#### Building Connections Volunteer Befriender – NSPCC (NI Wide)

What we're looking for We need someone who wants to make a difference to children's lives by supporting them with their feelings of loneliness. As a volunteer befriender you will explore with a young person their strengths and vulnerabilities, current sources of support, resilience and goals, and steps they can take to help overcome feelings of loneliness. What you'll do You'll volunteer from home in a private space. After your initial training, you will support young people over 11 weekly sessions following the 7-stage practice model to help the young person develop skills to manage their emotions around loneliness, build their confidence, self-esteem and support them to find new ways to cope.<u>https://tinyurl.com/bdf9vwdb</u>

For more information about volunteering in the **Newry**, **Mourne & Down** areas contact our Volunteering Support Officer:

Clara O'Callaghan: 07999 118485 /

Information correct at time of publication





### VOLUNTEERING >>>> Give it a Go!