

OPPORTUNITY SPOTLIGHTS



Winter 2024/25

Here are a few volunteering opportunities currently available in the Newry area. For a full selection of opportunities, have a look at the Opportunity Search on **volunteernow.co.uk** If you need any assistance finding or registering for an opportunity, let us know and we can help!

Visual Merchandising Volunteer – British Heart Foundation

Do you love those head-turning displays in high street windows? Could you use your creativity to create eye-catching displays either in the shop front or sales floor of your local British Heart Foundation shop? You can get involved in selecting and displaying the amazing stock donated to us to great effect to really grab customers' attention. We will provide you with all the support and training you need to get started. Make our shop stand out so we can continue to fund lifesaving research. For more info: <u>https://tinyurl.com/35efr5db</u>



Ireland

Conservation Officer Red Kite Field Surveyor - RSPB (Co.Down)

In spring and summer, you will be monitoring nests of red kites to assess the success of breeding pairs and fledglings. In winter you will be watching roosts at sunset and identifying wing tags to help monitor the progress of the population after their reintroduction. You will be deployed in various locations to investigate red kite sightings and identify new nesting and roosting sites within rural communities in South Down, from Ballynahinch to Downpatrick, Newcastle and more. <u>https://tinyurl.com/jw8zajxp</u>



Basketball, Horse Riding & Bowling Special Olympics - Special Olympics Special Olympics Basketball need volunteers to help out with practice from 7-8pm every Monday evening in Newry Leisure Centre. Help young people with Learning disabilities with their practice and skills. Supervise and help out. <u>https://tinyurl.com/yc38ajvu</u>



Support at Home Volunteer – British Red Cross (Southern Trust Area)

For people recovering from illness, or who are facing a recent diagnosis, being able to stay in their own home can make all the difference. Our Support at Home Volunteers help with shopping, getting to appointments or checking in with a phone call. Spread the power of kindness with us and help make a difficult and distressing time a little bit easier. <u>https://tinyurl.com/2ymydssf</u>



Befriending Volunteer – MS Society—(all areas)

All of our MS Befriending Volunteers will carry out their volunteering from home. You will provide weekly friendly phone calls to people affected by MS, at a time convenient to you. We are looking for volunteers who can offer **one or two hours a week, providing one or two phone call sessions**. There will also be an annual volunteer event and regular volunteer support sessions you will be asked to attend. <u>https://tinyurl.com/56zft6s3</u>

For more information about volunteering in the **Newry, Mourne & Down** areas contact our Volunteering Support Officer:

Clara O'Callaghan: 07999 118485 /
Clara.O'Callaghan@volunteernow.co.uk; or

• Contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



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Fundraising & Event Volunteers – Cancer Fund for Children (Newry)



Volunteers required for South Down—Newcastle, Castlewellan, Kilkeel, Downpatrick, Banbridge & Newry. Volunteers will be asked to do a range of activities including supporting events, fundraising activities, to collecting cheques, cheque presentations. These activities will be based within the local areas mentioned above. Tasks and responsibilities: Cheque presentation (photo will be taken by us and fundraising group); Supporting Events; Helping out at fundraising events; Cheque collection; Advertising upcoming local events. For more info: <u>https://tinyurl.com/4pvkajt5</u>



Treasurer – Hope4Me&Fibro NI

If you are good with numbers, have an interest in improving the health of patients suffering from M.E. (Myalgic Encephalomyelitis) and Fibromyalgia and supporting our education projects within the healthcare profession, then working as the treasurer of the Hope 4 ME & Fibro Northern Ireland could be just the role for you! For more info: <u>https://tinyurl.com/3u7kppay</u>



Food Bank Distribution Drivers & Organisers Volunteers – USPCA (Newry) Food Bank Distribution Drivers - The purpose of this role is to collect food parcels from the head office in Newry and deliver to food banks in Northern Ireland. For more info: <u>https://tinyurl.com/mpnafx6p</u> Food Bank Organisers - The purpose of this role is to organise the food that is donated to gr

Food Bank Organisers - The purpose of this role is to organise the food that is donated to go out to the food banks across Northern Ireland. For more info: <u>https://tinyurl.com/2p8wthhs</u>



Activities Volunteers - Mindwise (Warrenpoint, Rostrevor)

To plan, organise and run group activities in the community for service users and encourage service user participation. This role provides volunteers with an opportunity to develop their own self-confidence in facilitation as well as learning from staff and other volunteers. This role may also involve supporting staff to engage service-users in community activities. As a volunteer you will receive training and support as well as out of pocket expenses. For more info: https://tinyurl.com/yvdj8dj7



Volunteer Car Driver– NI Ambulance Service

As a Northern Ireland Ambulance Service Volunteer Car Driver you will transport in your own car those non-emergency patients that do not require an ambulance to and from their health care teams for their medical treatment and care. This is a personally rewarding and fulfilling opportunity to help patients in your community. Flexible to fit in with other aspects of your life. For more info: <u>https://tinyurl.com/52n24n6h</u>



Arts & Crafts Volunteer – Cuan Mhuire (Newry)

Cuan Mhuire is Ireland's largest voluntary provider of Rehabilitation Treatment for individuals suffering from addiction and other related issues. Its main objective is the rehabilitation of persons suffering from alcohol, drug and gambling addictions. The aim of the Arts and Craft workshops is to improve health and well-being by facilitating access to highly creative activities. As the Arts and Crafts volunteer at Cuan Mhuire you will demonstrate and lead an arts or craft activity for our participants on a weekly basis. We will supply all materials. <u>https://tinyurl.com/5yin7pyk</u>

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