

Here are a few volunteering opportunities currently available in the Downpatrick area. For a full selection of opportunities, have a look at the Opportunity Search on [volunteernow.co.uk](http://volunteernow.co.uk) If you need any assistance finding or registering for an opportunity, let us know and we can help!



### INFORMATION REVIEWER - MS Society UK (All Areas)

We're the MS Society – a community of people living with MS, scientists, campaigners, listeners, organisers, ambassadors and fundraisers. If you or a family member has MS, we need your help in reviewing our information. Your ideas, your experiences and your feedback help make sure our info is clear, useful and appropriate for everyone living with MS.

<https://tinyurl.com/475e2byw>



### PARENT TO PARENT HELPLINE VOLUNTEER – National Autistic Society (All Areas)

Are you the parent or primary carer of an autistic person? Become a Parent to Parent Volunteer and help other parents and primary carers of autistic children and adults when they need it most. Our award winning helpline offers emotional support, practical strategies, and a listening ear, all delivered by trained volunteers who are themselves the parents or primary carers of autistic people. <https://tinyurl.com/2tapi6nj>



### VOLUNTEER VISITOR – Pets As Therapy (All Areas)

As a Pets As Therapy volunteer, you will be at the heart of what we do. PAT Volunteers are dedicated pet owners who give up their spare time to help others. Along with their dog or cat, volunteers visit all types of establishments including residential care homes, hospitals, hospices and both special needs and mainstream schools. <https://tinyurl.com/y6snaz9n>



### Various Volunteering Roles – National Trust South Down

**Group Walking Volunteer** Are you passionate about walking and inspiring others to get active, outdoors and connect with nature? We are creating a team to support setting up and delivering walks across our beautiful countryside around Castle Ward. <https://tinyurl.com/mprtrfrj6>

**Retail Volunteer Castle Ward Giftshop** Everyone likes a bit of retail therapy, don't they? Retail volunteers love helping visitors and telling them the story of our products. Through their sales, volunteers are helping the National Trust look after special places for everyone. <https://tinyurl.com/28hjjhxx>

**Retail Volunteer Castle Ward Bookshop** Do you a good thriller? Or are you more a romantic? Our bookshop volunteers know where to find the poetry section, or the holiday reads, and love helping our visitors to find something they will enjoy. You could be the right person to join our team of dedicated bookshop volunteers! <https://tinyurl.com/485tkfpr>

**Accessibility Buggy Driver** Drivers are the Formula 1 stars of National Trust – just with a bit less speed! They help visitors who might struggle to get to and from the car park, as some of our historic places weren't built to be pedestrian-friendly! Enthusiasm and a current driving licence required! <https://tinyurl.com/278atjuk>

For more information about volunteering in the **Newry, Mourne & Down** areas contact our Volunteering Support Officer:

- Raquel Rodrigues - Keenan: 07585 110855
- [raquel.rodrigues.keenan@volunteernow.co.uk](mailto:raquel.rodrigues.keenan@volunteernow.co.uk) or
- Contact our Head Office: 028 9023 2020 / [info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)



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## Customer Service Volunteer – British Red Cross

**What you will be doing**—Giving a warm welcome to customers visiting or phoning us. Helping people wanting to hire a wheelchair or other equipment. Using a computer-based stock control system. Showing people how to use equipment. Taking payments / donations The skills you need Physically able to safely lift or move wheelchairs and other mobility equipment Some customer service experience is desirable. Enjoy meeting people and good people skills. Able to work independently and in a team. Good IT skills. Able to commit to a regular shift on a weekly basis <https://tinyurl.com/5db8payt>



## Garden Allotment Volunteer - Downpatrick Community Allotments

Volunteers will have the opportunity to learn basic plant skills, including how to correctly care for and water plants. You will be able to grow from seed and transplant to baskets and tubs. For more info: <https://tinyurl.com/4z2eufke>



## Volunteer Befriender Home Visits – SEHSCT

Complement the delivery of services within the South Eastern Trust and enhance patient / client care, and quality of life by reducing social isolation and loneliness. The role offers an opportunity to build friendships with older people, to help them improve their quality of life, a chance to contribute invaluable to their local community and increase their own circle of friends. **Friendship / Befriending** Regularly visit your patient / client in their own home for a chat and companionship' to (to reduce feelings of loneliness and isolation) and subsequently arrange to take them out to other venues that offer opportunities for friendship and camaraderie. For more info: <https://tinyurl.com/4pmbjka2>



## Volunteer Car Driver – NI Ambulance Service (NI wide)

As a Northern Ireland Ambulance Service Volunteer Car Driver you will transport in your own car those non-emergency patients that do not require an ambulance to and from their health care teams for their medical treatment and care. This is a personally rewarding and fulfilling opportunity to help patients in your community. Flexible to fit in with other aspects of your life. For more info: <https://tinyurl.com/52n24n6h>



## General Maintenance Volunteer — True Harvest Seeds (Kilclief)

True Harvest Seeds is dedicated to conserving the wildflower seeds of Ireland. We are populating a native seed bank here in Co. Down. Working with a close knit team of volunteers and employees who help each and every day to keep the seeds, plants and farm growing and getting better. We are always busy with planting, harvesting, and processing seeds, and we could use a hand with general maintenance. We're seeking a volunteer who can spare a few hours each week to help keep our workspaces clean and organised. Your efforts will make a big difference in keeping our operations running smoothly. The post will be **on-site at 36 Ardglass Road, Kilclief**. And will involve general maintenance, tidying and organising of our workspaces and horticultural equipment. Ideally the volunteer could help us out one day a week (preferably on a Friday, 10am - 4pm) but we can work flexibly with the applicant to find times that suit them best. If you have a bit of time to help out, please contact us. We'd love to hear from you! <https://tinyurl.com/yc8camku>

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