

Here are a few volunteering opportunities currently available in the Mourne & Down area. For a full selection of opportunities, have a look at the Opportunity Search on volunteernow.co.uk If you need any assistance finding or registering for an opportunity, let us know and we can help!



INFORMATION REVIEWER - MS Society UK (All Areas)

We're the MS Society – a community of people living with MS, scientists, campaigners, listeners, organisers, ambassadors and fundraisers. If you or a family member has MS, we need your help in reviewing our information. Your ideas, your experiences and your feedback help make sure our info is clear, useful and appropriate for everyone living with MS.

<https://tinyurl.com/475e2byw>



PARENT TO PARENT HELPLINE VOLUNTEER – National Autistic Society (All Areas)

Are you the parent or primary carer of an autistic person? Become a Parent to Parent Volunteer and help other parents and primary carers of autistic children and adults when they need it most. Our award winning helpline offers emotional support, practical strategies, and a listening ear, all delivered by trained volunteers who are themselves the parents or primary carers of autistic people. <https://tinyurl.com/2tapi6nj>



VOLUNTEER VISITOR – Pets As Therapy (All Areas)

As a Pets As Therapy volunteer, you will be at the heart of what we do. PAT Volunteers are dedicated pet owners who give up their spare time to help others. Along with their dog or cat, volunteers visit all types of establishments including residential care homes, hospitals, hospices and both special needs and mainstream schools. <https://tinyurl.com/y6snaz9n>



SERVICE VOLUNTEER CAR DRIVER – NI Ambulance Service (NI Wide)

As a Northern Ireland Ambulance Service Volunteer Car Driver you will transport in your own car those non-emergency patients that do not require an ambulance to and from their health care teams for their medical treatment and care. This is a personally rewarding and fulfilling opportunity to help patients in your community. Flexible to fit in with other aspects of your life. <https://tinyurl.com/52n24n6h>



VOLUNTEER CASEWORKER – SSAFA (Co. Down)

Would you like to support people who have served in the Armed Forces? You don't need a military background, just the ability to listen, some basic I.T skills and good written and spoken English. If so, this could be the role for you. Caseworkers work with clients to figure out what type of help they need. Next, they find the right sources of support and arrange for clients to access it. This might be funds for special equipment for someone with a disability, adaptations to a property so an older client can remain at home or funds for a rental deposit. Caseworkers also sign-post clients onto specialist local services for advice on benefits, housing, mental health, debt, finding work etc. <https://tinyurl.com/yd49znre>

For more information about volunteering in the **Newry, Mourne & Down** areas contact our Volunteering Support Officer:

- Raquel Rodrigues - Keenan: 07585 110855
- raquel.rodrigues.keenan@volunteernow.co.uk or
- Contact our Head Office: 028 9023 2020 / info@volunteernow.co.uk



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